

## Your Post Care Instructions Thermage

It is critical that you follow all aftercare instructions below in addition to any advice given by your practitioner to prevent any complications and achieve the best results from your treatment. If the advice given by your practitioner differs from the below, please follow the advice of your practitioner. If you have any concerns or questions please call us on 0333 242 8528.

Unlike with laser treatments, you do not need to avoid the sun following your Thermage treatment. However, here at The Cosmetic Skin Clinic we always suggest protecting your skin with an SPF (minimum SPF30). Otherwise, there is no specific aftercare.

It's important to have your follow up treatments and to continue with your treatment plan to achieve the best results. Please call us on 0333 242 8528 to book your next treatment.