

# Your Post Care Instructions

## Enerpeel

It is critical that you follow all aftercare instructions below in addition to any advice given by your practitioner to prevent any complications and achieve the best results from your treatment. If the advice given by your practitioner differs from the below, please follow the advice of your practitioner.

If you have any concerns or questions please call us on 0333 242 8528.

- Avoid exposure to the sun and to UVA and UVB lamps and always use adequate protection against solar and artificial radiation.
- Use SPF 50+ .
- Use very delicate cleansers on the treated area, avoiding any form of rubbing during drying.
- Avoid using pharmaceuticals and/or cosmetics without first consulting your medical practitioner.

---

The below products are recommended by The Cosmetic Skin Clinic to enhance your results, support skin health, and reduce the risk of complications. If the advice given by your practitioner differs from the information below, please follow your practitioner's guidance.

- Alastin Ultra Nourishing Moisturiser
- Obagi Gentle Cleanser
- ZO Sheer Fluid Broad Spectrum SPF 50

It's important to have your follow up treatments and to continue with your treatment plan to achieve the best results. Please call us on 0333 242 8528 to book your next treatment.