

Your Post Care Instructions Dermaroller

It is critical that you follow all aftercare instructions below in addition to any advice given by your practitioner to prevent any complications and achieve the best results from your treatment. If the advice given by your practitioner differs from the below, please follow the advice of your practitioner.

If you have any concerns or questions please call us on 0333 242 8528.

- Immediately after your Dermaroller procedure, you will look as though you have moderate sunburn, and your skin may feel warm and tighter than usual. This will start to subside after 1 to 2 hours and will normally recover within the next 2 to 3 days.
- Cream will be applied after the procedure to help soothe and calm the skin and you will be given a supply of this and should continue to use this until the redness has cleared (usually up to 3 days post treatment).
- Use tepid water to cleanse the face for the following 48 hours and dry gently, always make sure your hands are clean when touching the treated area. It is recommended that make up is not applied for 12 hours after the procedure.
- Following the procedure, it is important to apply a broad spectrum UVA/UVB sunscreen with an SPF30+. The Cosmetic Skin Clinic offers a range of sunscreens with various SPF's and our practitioners will be pleased to recommend one to you. This should be used on a daily basis for at least 2 weeks even during the winter or on cloudy days. Ideally sunscreen should always be worn during the day time.
- As the skin starts to regenerate and repair, it may feel drier than normal and occasionally slightly flaky.

The below products are recommended by The Cosmetic Skin Clinic to enhance your results, support skin health, and reduce the risk of complications. If the advice given by your practitioner differs from the information below, please follow your practitioner's guidance.

- Heliocare Suntouch Hydragel SPF 50
- Obagi Rebalance Recovery Cream
- ZO Hydrating Crème

It's important to have your follow up treatments and to continue with your treatment plan to achieve the best results. Please call us on 0333 242 8528 to book your next treatment.