

Your Post Care Instructions

Sculptra

It is critical that you follow all aftercare instructions below in addition to any advice given by your practitioner to prevent any complications and achieve the best results from your treatment. If the advice given by your practitioner differs from the below, please follow the advice of your practitioner.

If you have any concerns or questions please call us on 0333 242 8528.

- For optimum effects it is important to massage the treated area 5 times daily for 5 minutes, for 5 days.
- Use moisturising cream or any other appropriate cream to reduce friction when massaging.
- Within the first 24 hours after treatment, an ice pack should be applied for a few minutes to the treated area to help reduce swelling. Wrap the ice in a cloth and avoid putting ice directly on your skin.
- Makeup may be applied a few hours after treatment if no complications are present
- Avoid excessive sun and UV lamp exposure.

If you experience severe pain or any skin colour changes, such as an area of skin becoming purple or red, or bruising appears abnormal, please contact the clinic immediately.

The below products are recommended by The Cosmetic Skin Clinic to enhance your results, support skin health, and reduce the risk of complications. If the advice given by your practitioner differs from the information below, please follow your practitioner's guidance.

- Obagi Hydrate Luxe
- Alastin Ultra Nourishing Moisturiser
- Obagi Sun Shield SPF 50

It's important to have your follow up treatments and to continue with your treatment plan to achieve the best results. Please call us on 0333 242 8528 to book your next treatment.