

It is critical that you follow all aftercare instructions below in addition to any advice given by your practitioner to prevent any complications and achieve the best results from your treatment. If the advice given by your practitioner differs from the below, please follow the advice of your practitioner. If you have any concerns or questions please call us on 0333 242 8528.

- Immediately post treatment, redness, swelling, numbness, tenderness and/or bruising may occur in the treated area. Swelling will usually subside within 7-10 days, however, may persist for several weeks. Numbness should resolve within 4-6 weeks.
- Avoid applying make up for 24 hours.
- Avoid intense heat or UV light e.g. sauna, steam room, sun beds for 24 hours.
- Intense facial treatments such as chemical peels, microdermabrasion, or laser treatments should be avoided until your Radiesse® treatment is completely healed.
- With hand augmentation, avoid carrying heavy objects, and do not wear any jewellery, such as rings or watches, until any swelling has resolved.
- Please notify us immediately if you think you have a lump at the treatment site.

If you experience severe pain or any skin colour changes, such as an area of skin becoming purple or red, or bruising appears abnormal, please contact the clinic immediately.

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The below products are recommended by The Cosmetic Skin Clinic to enhance your results, support skin health, and reduce the risk of complications. If the advice given by your practitioner differs from the information below, please follow your practitioner's guidance.

- Obagi Sun Shield SPF 50
- Obagi Gentle Cleanser
- Obagi Hydrate

It's important to have your follow up treatments and to continue with your treatment plan to achieve the best results. Please call us on 0333 242 8528 to book your next treatment.