

It is critical that you follow all aftercare instructions below in addition to any advice given by your practitioner to prevent any complications and achieve the best results from your treatment. If the advice given by your practitioner differs from the below, please follow the advice of your practitioner.

PLEASE NOTE: The below are common side effects associated with MOXI Laser treatments. If you experience any of the below please do not worry. If side effects continue beyond 48 - 72 hours or you have any concerns or questions please call us on 0333 242 8528.

- Burning sensation similar to sunburn
 - Skin feeling like sandpaper
 - Tiny brown spots
-
- The treated area may be warm for 1-2 hours after the treatment. Warmth may continue for 12-24 hours after the treatment. Cold compresses may provide comfort during this time. Also, a mineral water spray might provide some relief and much needed moisture to the skin.
 - Swelling can occur and is typically expected immediately after treatment. Use of a cold compress will help to relieve the swelling. To avoid further swelling, you may choose to sleep in an upright position the first 2-3 nights after the treatment. The first morning post treatment is when swelling is more prevalent, especially under the eyes. Swelling may last 2-4 days.
 - Redness is normal and expected. Redness can persist for up to 7 days depending on the intensity of treatment.
 - Use gentle cleansers and keep your skin moisturised and out of the sun, which will allow your skin time to heal and limit further stress on your skin.
 - MENDs (microscopic epidermal necrotic debris) will appear on the 2nd or 3rd day after treatment as tiny dark spots, and a bronzed appearance to the treated skin. MENDs are part of the healing process where treated tissue is working its way out of your body as new fresh skin is regenerated. During this time, your skin will be very dry and feel like sandpaper before flaking and peeling off. Keep your skin well moisturised to support the healing process.
 - Do not pick or scrub your skin.

CLEANSING: Cleanse the skin twice a day with plain, lukewarm water and a gentle cleanser, beginning the morning after treatment. Use your hands and gentle patting motions. **DO NOT** rub, scrub, use an exfoliant or skin care brush on the treated area.

MOISTURISING: Unfragranced moisturiser should be applied generously with clean hands over treated area and reapplied whenever your skin feels dry. **DO NOT** apply any other products such as essential oils, coconut oil, etc.

SUNSCREEN: Sunscreen **MUST** be used daily beginning the day after treatment and used consistently for up to 3 months post procedure. Use a physical sunscreen with broadband UVA and UVB protection and a SPF of 30. Ensure to reapply during sun exposure

You must contact the clinic if you notice you have a blister immediately after treatment. Please apply Vaseline until the clinic has seen or spoken to you.

The below products are recommended by The Cosmetic Skin Clinic to enhance your results, support skin health, and reduce the risk of complications. If the advice given by your practitioner differs from the information below, please follow your practitioner's guidance.

- Obagi Sun Shield SPF 50
- Obagi Gentle Cleanser
- Alastin Ultra Nourishing Moisturiser

It's important to have your follow up treatments and to continue with your treatment plan to achieve the best results. Please call us on 0333 242 8528 to book your next treatment.