

Your Post Care Instructions

Morpheus8

It is critical that you follow all aftercare instructions below in addition to any advice given by your practitioner to prevent any complications and achieve the best results from your treatment. If the advice given by your practitioner differs from the below, please follow the advice of your practitioner.

PLEASE NOTE: The below are common side effects associated with Morpheus8 treatments. If you experience any of the below please do not worry. If side effects continue beyond 48 - 72 hours or you have any concerns or questions please call us on 0333 242 8528.

- Redness
- Itching
- Swelling

If you have been treated on the neck you may also experience chicken skin on the treatment area that may last up to 6 weeks.

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- Use the products provided by your practitioner immediately following treatment & for up to 3 days, or until needle holes have closed. Avoid any other products.
 - If required you can cool skin post treatment to reduce discomfort/heat, with clean cooling method.
 - Use only tepid water and clean hands to clean face on first night.
 - Avoid using make-up for 1-3 days post treatment, until needle holes close. Only recommended make-up may be used until then using new/clean applicators.
 - Avoid touching treated area (clean hands first if necessary to touch).
 - Once holes have closed you may use your usual products – though avoid exfoliating/retinol based products until any scabs have healed.
 - Use an SPF moisturiser daily once holes have closed (with factor 30+) & for at least 4 weeks post treatment, but ideally ongoing for best results.
 - Avoid significant sun exposure or sunbeds for approx. 4 weeks post treatment.
 - Moisturise the skin if itchy during healing and do not pick scabs.
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The below products are recommended by The Cosmetic Skin Clinic to enhance your results, support skin health, and reduce the risk of complications. If the advice given by your practitioner differs from the information below, please follow your practitioner's guidance.

- Obagi Sun Shield SPF 50
- ZO Hydrating Crème
- ZO Gentle Cleanser

It's important to have your follow up treatments and to continue with your treatment plan to achieve the best results. Please call us on 0333 242 8528 to book your next treatment.