

Your Pre & Post Care Instructions Body Ballancer

It is critical that you follow all aftercare instructions below in addition to any advice given by your practitioner to prevent any complications and achieve the best results from your treatment. If the advice given by your practitioner differs from the below, please follow the advice of your practitioner.

If you have any concerns or questions please call us on 0333 242 8528.

Before your Body Ballancer treatment please:

- Notify the clinic of any medical concerns, respiratory problems, heart disorder or epilepsy
- Notify the clinic if you have any numbness or pain in any of your limbs
- Notify the clinic if you are breastfeeding or pregnant
- Notify the clinic of any electronic implants; metal implants, implanted defibrillators, implanted neurostimulators, cardiac pacemakers, copper coils, electronic implants & drug pumps
- Notify the clinic if you currently have, or have every had thrombosis
- Notify the clinic if you are claustrophobic

After your Body Ballancer treatment:

- Avoid excessive exercise for 24 – 48 hours

The below products are recommended by The Cosmetic Skin Clinic to enhance your results, support skin health, and reduce the risk of complications. If the advice given by your practitioner differs from the information below, please follow your practitioner's guidance.

- Obagi Keraphine Body Lotion
- Obagi Hydrate
- Circa Skin Synergy SPF 50

It's important to have your follow up treatments and to continue with your treatment plan to achieve the best results. Please call us on 0333 242 8528 to book your next treatment.