



The Cosmetic Skin Clinic®

February 2011



Happy New Year to you all !

"We exceeded our expectations and 2010 was our busiest year yet. Before we knew it we were in January 2011 and we have already hit the floor running! We have 2 new technologies we would like to introduce to you, these will be at our open evening in March where they will be demonstrated.

Some of you may have read in the national press recently about the 'Botox® Backlash' from 'A' list celebrities that supposedly have given up Botox® for the natural look, we suspect that in most instances this is probably not the case. Celebrities nowadays are opting for the more subtle treatments, which is good news. In reality correctly administered Botox® (just a little but not too much) still allows movement that is natural but smoothes harsh lines and achieves an airbrushed effect.

This year we are expanding both our London and Stoke Poges clinics and have recruited additional highly qualified aesthetic practitioners to facilitate this growth. They are already proving very popular with our patients, you can read about them further on...."

New Opening Hours

Please take note of our new opening hours, we are now opening **every Saturday** and have **2 late nights**.

Monday	9am	–	7pm
Tuesday	9am	–	7pm
Wednesday	9am	–	6pm
Thursday	9am	–	6pm
Friday	9am	–	5pm
Saturday	10am	–	2pm

Open Evening

Tuesday 15th March 2011
7pm - 10pm

84 Rogers Lane, Stoke Poges
Buckinghamshire, SL2 4LF

At our open evening we will be demonstrating how to achieve the 'make-under' look and updating you on:

- **Thermage CPT radio frequency skin tightening for the face and body**
- **Sculptra 'the liquid facelift'**
- **Updates on the newest trends in anti-ageing**
- **Two high end treatments to be won at this event**

Join us for drinks and canapés with demonstrations starting shortly afterwards. At this event you will get the chance to talk to all our aesthetic specialists and other members of The Cosmetic Skin Clinic team. This evening will be very popular so call us now to reserve your place for you and your friends. **Tel 01753 646 660** or email info@cosmeticskinclinic.com



The Instant Face Lift!

Back in September 2010 Dr Mountford took part in an interview with Nicky Hambleton-Jones (presenter of 'Ten Years Younger') for Nicky's new website 'Look & Feel Younger'. This interview was featured in January 2011 along with footage of Dr Mountford performing the 'Y lift' with Restylane Sub-Q. See the footage of the interview on www.cosmeticskinclinic.com/treatments/volumisers/ or the live footage of Dr Mountford performing the 'Y' lift on www.cosmeticskinclinic.com/treatments/volumisers/restylane-sub-q/

Telephone 01753 646 660

Dr Mountford was invited onto the faculty advisory panel for Q-Med UK (Restylane). Q-Med have invited Dr Mountford to become a member of their newly appointed 'Faculty Panel'. This is an honorary position in which Tracy will act as an advisory with other select key opinion leaders from the medical non-surgical world. We see this as a very exciting time as Tracy will be able to influence new technology in this area drawing from her wealth of expertise which means you will get to hear about these advances sooner than most.

Dr Mountford has been invited onto the panel of experts for well known beauty writer Alice Hart-Davis' new magazine launching this April called 'New You'. This magazine will still cover all things connected to the beauty industry but will be delving much deeper into the world of surgical and non-surgical rejuvenation techniques bringing you the foremost experts of this industry. The first edition will be launched in April 2011.

The Cosmetic Skin Clinic has won first prize in a worldwide competition 'One in a Million' for Solta Medical (Thermage CPT). This prize will go towards refurbishing and making The Cosmetic Skin Clinic even more efficient in its operating procedures.

Dr Mountford has also been selected to be a key opinion leader for the new Thermage CPT which is getting exceptional skin tightening results.

It's not only Tracy getting the column inches! Janine Scott our Senior Aesthetic Practitioner was featured recently in The Daily Telegraph performing skin rejuvenation treatments on well known de-clutter expert Romaine Lowery for her impending 50th birthday!

New Jan Marini Skincare Range

We are very impressed with this Jan Marini cosmeceutical range. Improvements can be seen in just days and as your involvement continues, cumulative benefits will be outstanding. This range was developed to address a wide range of skin concerns, from signs of ageing such as wrinkle and sun damage to common skin problems including acne, rosacea and skin discoloration. Dannii Minogue, Anne Heche, Joss Stone, Sadie Frost and Trinnie Woodall to name but a few are all big advocates of this range.

If you would like to find out more, book an appointment with one of our experts, Tara Jackson or Marti McDaniel, or mention it at your next appointment when visiting the clinic. **Tel 01753 646 660**

new to the CSC team....

We are pleased to introduce 4 new members to our team:



Tara Jackson (Natara) RGN Aesthetic Practitioner – London & Stoke Poges

Tara has over 20 years nursing experience and has spent many years as a highly skilled Aesthetic Nurse Practitioner. Tara has developed extensive non-surgical rejuvenating skills and has a wealth of knowledge

and expertise in advanced botulinum toxin techniques, anti-wrinkle treatments including the use of dermal fillers such as Restylane® and Juvederm® facial contouring and a vast expertise in medical skin care rejuvenation. She is already proving a very popular member of staff with our patients in London & Stoke Poges.

Laurie Arias RGN Aesthetic Practitioner & Nurse Prescriber – London & Stoke Poges

Graduated as a Registered Nurse at Southbank University 1997, Laurie is a member of the RCN (Royal College of Nurses) and fully registered with the NMC (Nursing & Midwifery Council) and is an Independent Nurse Prescriber. Laurie is experienced and talented in facial contouring injectors. Laurie prides herself on her passion for injectable treatments, natural looking results and high client satisfaction.



Marti McDaniel – RNCOR Aesthetic Practitioner

Marti has over 26 years experience in aesthetic medicine. Marti came to the UK in 1990 to work for a plastic surgeon in Knightsbridge, London. She also worked with a top New York dermatologist and other dermatologists and plastic surgeons in the UK and Europe. She

has continued to expand her vast knowledge of skin care, lasers and fillers.

Clare Turrell - Reception

Clare is our new full time receptionist. Clare has a wealth of experience in the non-surgical industry and joined us in December; her last position was as a clinic manager for a medspa in London. She is very professional and highly organised and a very welcome addition to our expanding reception team.

