

skin deep!

news and information in cosmetic skincare



The Cosmetic Skin Clinic®

Autumn 2009



◀ Tracy with David Van Day and Sue Moxley
"Aren't I the celebrity? Get him out of here!"



Dr Tracy Mountford and Andrew Barton ▶
Two experts together!

“We have now experienced a year in the new clinic and I can honestly say I don't know how we managed for so long in the other premises; we have seen amazing and significant growth across the board for all non-surgical treatments this year and we are still expanding into other treatment areas to offer you even more age defying non-surgical solutions. Some of these will be available from September. The uptake from patients for cheek augmentation and facial contouring including The Y Lift have been extremely popular this year and we have had stunning results on the many patients that have received these treatments.

New to The Cosmetic Skin Clinic is Dermaroller™, an innovative way of eliminating fine lines especially under the eyes and mouth, also ask us about SmartXide™ and Airgent™, these new treatments are all profiled further on in the newsletter.

I look forward to seeing many of you at our forthcoming open dates. Early booking is essential as last year we were bursting at the seams and we want to make sure you all get a chance to see all the new treatments and products available. Lastly, I would like to take this opportunity to thank all our loyal customers for your continued support of The Cosmetic Skin Clinic and hope that all the new changes we bring to you now and in the future naturally enhance, maintain, restore youthful looking skin and benefit you for many years to come..... ”

Tracy

Dr Tracy Mountford

10 Years Younger

As a contributor to the current series of 10 Years Younger Dr Mountford was invited to present daily master classes at The 10 Years Younger Live Show – over the three day event. Cheek augmentations were carried out each day and we would like to take this opportunity to say a huge thank you to our models that participated in this event.

Dates for your diary

Open House with Dr Tracy Mountford & her team

Thursday October 1st, 7pm
Wine, refreshments & canapés

Tuesday October 6th, 10am
Refreshments & canapés

We would be delighted if you could join us on either of the above dates. Drinks and canapés will be served, with demonstrations starting shortly afterwards.

At these events you will get the chance to talk to our aesthetic specialists and other members of The Cosmetic Skin Clinic team and observe demonstrations of treatments that are at the forefront of new innovative ways to look younger and more rejuvenated. You will be able to see what the treatments entail and more importantly the results!

There will be a goody bag and free consultation for all that come along and any of your friends that you bring with you. During the open house times we will be demonstrating new treatments.

We will also be showing DVD footage of the Master classes at 10 Years Younger Live and also footage of a presentation Tracy recently delivered at Cosmetic Executive Women UK on "Why we should learn to love hyaluronic acid" which highlights the importance of HA in the skin, and why it's so rejuvenating.

These events are very popular so call us now to reserve your place, please feel free to bring a friend or friends with you. Tel. 01753 646 660 or Email info@cosmeticskinclinic.com

cosmetic skincare of the highest standard

New products to look out for at The Cosmetic Skin Clinic

SmartXide Dot Laser technology coming soon!

1 hour of your time can take away 10 years!



SmartXide is ideal for the reduction of fine lines and wrinkles, small and large acne scars plus age and sun damaged spots on your face and hands.

Facial rejuvenation treatment is now quick and easy! It takes just a little of your time to look years younger.

CO₂ lasers are the most powerful on the market, capable of amazingly good results.

The treatment is safe and effective meaning that it can be used for every part of your face, neck & hands, even with the finest most delicate skin-types.

The SmartXide Dot treatment is suitable for everyone and all skin types. Results are visible after the first session; we can work out a treatment programme for you depending on your individual requirements. For bookings and further information please call – **01753 646 660**

Young Blood Mineral Make Up

This mineral make-up does what it says on the tin, because of its healing properties and its light silky coverage it's an ideal application for most post treatments to cover up any tell tale signs that treatment has taken place. It's just flying out of the doors! We are all using it and totally sold on the product's versatility and wouldn't leave home without it.



YOUNGBLOOD®
MINERAL COSMETICS

Dermaroller™



Recent reports have revealed that A-list celebrities such as Angelina Jolie and Brad Pitt have been undergoing a new aesthetic treatment involving micro needling of the face to rejuvenate their skin and avoid going under the surgeon's knife.

Because of the success of A-listers like Brad and Angelina using it, it is taking the UK public by storm. The Dermaroller can be used in conjunction with all other aesthetic treatments available at The Cosmetic Skin Clinic. Dermaroller-Therapy can significantly improve the appearance of acne scars (as in the case of Brad Pitt), aged and sun damaged skin, facial

and décolleté lines, wrinkles and stretch marks. It can be used on all skin types which is most significant for hyper-pigmentation sufferers and the results speak for themselves! Genuine Dermaroller therapy provides advanced micro-medical skin-needling, a procedure that stimulates the skin to regenerate and repair itself naturally and safely, creating smoother, brighter, healthier, younger-looking skin. At your consultation our aesthetic medical practitioners will be able to advise you on how to achieve optimal results. Fees start from £350 and the results are long lasting.

Airgent™

This truly is a remarkable product. If you are nervous of needles and you want to have the benefits of hyaluronic acid delivered direct to your dermis, this is a major breakthrough. This technique is ideal for delivery of hyaluronic acid to larger surfaces of the body such as stretch marks and crêpey inner arms.

The benefits of Airgent:

- A safe, virtually painless treatment with minimal bruising or downtime
- All ages and skin types and treatment regions, particularly the face, hands and neck
- Reducing fine lines and wrinkles eg, cheeks, eyes (crow's feet), lips (smokers mouth lines)
- Remodelling crêpey skin tissue in the neck, décolleté, chest and inner arms
- Re-texturing acne and smoothing of ice pick scars (pitted skin)
- Minimising stretch marks
- Rejuvenating aged hands and concealing visible veins
- Revitalising aged dehydrated skin
- Long term skin remodeling
- Immediate and visible aesthetic improvements

Airgent™

by PerfAction



Our ethos is to enhance natural features...



Angela Brown

Personal profile: Soon to be 50 and released from her job because of ill health, Angela was determined to undo what was becoming an anathema to her; the ageing process.

Treatments performed by The Cosmetic Skin Clinic:

Restylane Vital skin rejuvenation all over her face – plumping up the skin and softening fine lines and wrinkles, Restylane Sub-Q for cheek enhancement – replacing volume loss, Restylane Touch – lipstick lines and frown lines, Restylane – naso labials (nose to mouth lines).

Results: A dramatic lifting effect to the face, replacing volume loss to the cheeks and restoring a youthful shape and contour to the face gives an overall softening of wrinkles. Skin rejuvenation providing deep dermal hydration and moisturising from within improves the overall tone and health of the skin.

Angela says: “I am totally in awe of the treatments that have been carried out. A sympathetic enhancement process which means I stand closer to my mirror again, without feeling that sense of loss and sadness anymore. I no longer wake to the face of a stranger - I wake to face the world again - My inner happiness and confidence is now radiating out for the world to see. My family are grown and spreading their wings, I took some time to invest in myself. They love seeing me so happy. I'm back out there. No longer invisible thanks to Tracy and her team. I have my edge back. The only one regret for me is why I waited so long!”



Rachel Thompson

Personal Profile: Fast approaching 40, Rachel works in media, lives life at 100 miles per hour; singlehandedly bringing up her two sons whilst running a successful career.

Treatments performed by The Cosmetic

Skin Clinic: Muscle relaxing injections between the eyebrows and crow's feet areas to give a subtle lift to the brow area and soften lines. Dermal fillers for the deep lines from the nose-to-mouth.

Results: Two very simple cosmetic treatments have generated a fresher airbrushed effect. Overall this gives a soft, subtle rejuvenated appearance so the face looks dramatically less tired.

Rachel says: “I am delighted with the instant results – so natural and subtle but enough for everyone to notice how fabulous I look and feel. I will certainly encourage all my friends and colleagues, both male and female, to take the plunge. The results speak for themselves and I am positively beaming with confidence.... who's afraid of being 40 now!!”



Sharron Davies MBE

Personal Profile: Olympic Gold Medallist, Sports woman, TV Presenter, Model and mother of three.

Treatments performed by The Cosmetic

Skin Clinic: Restylane - to the cheek hollows. Thermage – lifting with skin tightening with radio frequency for long term results, Sculptra – volumising and lifting, maximum effects after 3 to 6 months, Botox – to generate a brow lift and refresh the eyes. Microdermabrasion skin rejuvenation for improvement of skin quality and IPL for skin rejuvenation..

Results: An overall holistic approach to facial rejuvenation which simply keeps Sharron looking as she did 10 years ago.

Sharron says: “Because of wanting to look the very best I can for the 2012 British Olympics I

decided to take action now to curtail the tell tale signs of ageing. I was recommended Dr Tracy Mountford as the best in the business.

I am a great advocator of daily exercise and good hydration but these alone are simply not enough and I have always taken care of how I look and find that it is this total approach to looking good that other celebrities will not admit too.

Dr Tracy Mountford recommended Thermage and Sculptra combined with some Botox and dermal fillers. Her ethos is more about enhancement of your natural features giving a more subtle refreshed look which is exactly what I wanted to achieve as the camera can be your harshest judge, so I can't recommend The Cosmetic Skin Clinic team highly enough from being greeted initially to commencement of treatment and to how I look now!”



...and finally!

New staff at The Cosmetic Skin Clinic

Elaine Green

Due to our forthcoming expansion plans and continued growth, our reception team has been further strengthened by recruiting Elaine Green as another receptionist. Debbie Brazier has recently been promoted to Reception Team Supervisor. We trust this will only enhance our front of house even further.



Cosmetic Executive Women (CEWUK)

**The Avenue Restaurant London
Thursday 30th July**

Dr Tracy Mountford was invited by Allergan to give a presentation on "WHY WE SHOULD LEARN TO LOVE HYALURONIC ACID" at the CEW. This breakfast meeting was attended by top journalists from the national press and magazines including OK magazine, The Daily Telegraph, The Daily Mail and The Times. 150 top Cosmetic Executives from various parts of the beauty world attended, including the houses of Chanel and Estee Lauder to name but a few. The officiator was Vivienne Parry, scientist, writer, broadcaster and ex presenter of Panorama and Tomorrow's World. After a lively Q and A session we headed back to Bucks just in time for the start of clinic!



Pictured; from left to right, Janet Kettles Allergan Senior Communications Manager; Vivienne Parry Scientist/TV presenter; Dr Tracy Mountford and Margo Marrone founder of The Organic Pharmacy



Janine's Update

During the summer Janine Scott was promoted to Senior Aesthetic Medical Practitioner. This is because of her excellent work in advanced facial rejuvenation techniques and her desire to ensure that the CSC stays at the very forefront of non-surgical techniques, she is very excited about introducing our new technologies this autumn.

Janine has always had a strong commitment to reinforcing her knowledge and skills and most recently attended a master class on pioneering techniques in the use of Sculptra™. This established facial treatment rejuvenates the whole face by restoring curves and volume,

stimulating the growth of your own collagen around a scaffold of product. This technique is becoming more and more popular and has recently been favoured for its naturalness and long term effects by Sharron Davies and Anna Ryder Richardson.

As an experienced injector Janine is excited about bringing these new techniques to the clinic to enhance an ever growing programme of options to help you look fresher and younger!! Janine was recruited by Tracy approximately 5 years ago and together they offer excellence in their knowledge and work synergistically.

Christmas!

Just a reminder that the party season is not too far away. We strongly recommend that you plan ahead for your pre Christmas appointment so you don't run out of time!. Telephone our Reception team **01753 646 660**

P.S Bookings have started already!



The Cosmetic Skin Clinic®

**Call us now to book your place!
01753 646 660**

www.cosmeticskinclinic.com

The Cosmetic Skin Clinic, 84 Rogers Lane, Stoke Poges, Buckinghamshire SL2 4LF. Also at Harley Street, London.