

With demand rising for 'body sculpting', experts reveal the most popular

By Leah Hardy

We may live in straitened times but one luxury that women – and, increasingly, men – seem unwilling to cut back on is cosmetic surgery. Latest figures from the British Association of Aesthetic and Plastic Surgeons show demand has risen for every type of procedure – with more than 43,000 carried out last year. Here the experts describe the seven most requested new treatments...

THE NEW LIP

THE TREATMENT:

Restylane Lip Refresh

WHAT IS IT?

Trout pouts and duck lips are out for 2012. Instead the latest lip treatments give natural definition and a youthful texture. This involves a very fluid form of hyaluronic acid – similar to the naturally occurring substance in skin that keeps it moist – with the painkiller lidocaine being injected into the lips, to

plump them for four to six months before being safely reabsorbed by the body.

Dr Tracy Mountford, at the Cosmetic Skin Clinic, says: 'Restylane Lip Refresh is ideal for women who wouldn't otherwise consider having lip injections.

'The formula is injected in small quantities just under the surface of the lip where it becomes very smooth and attracts water. This gives the lips a youthfully moist, plumped surface.

'It revitalises the lip to give gloss rather than adding bulk. Another advantage is that clients don't need local anaesthetic.'

DOWNSIDERS?

Your lips may be swollen afterwards for about 48 hours. Treatment needs to be repeated every six months.

COST: From £250.

cosmeticskinclinic.com

Anna Friel's fix for saggy skin and the instant Pippa body ... the cutting edge of cosmetic surgery